

Adult and Pediatric First Aid & CPR Certification

Step 1: Sign up for an Adult and Pediatric First Aid & CPR Certification Course near you. Please note that a hands-on training course is required to work in child care.

Tips for Finding a Certification Course:

- Hospitals
- Fire Stations
- Adult Education Centers
- Community Colleges
- [American Red Cross](#)
- [American Heart Association](#)
- [Seedlings to Sunflowers](#)
- [Maine CPR and First Aid](#)

Step 2: Attend the training and ask how you will receive your certification. Often, your certificate is emailed to you several days after you complete your training.

Step 3: Save your certificate for your license application.